

Marconi Anticipated.
An Egyptologist and an Assyriologist were disputing about the relative advancement of the two ancient peoples whom they were studying.
"Why, sir," cried the Egyptologist, "we find remains of wires in Egypt, which prove they understood electricity!"
"Pshaw!" answered the Assyriologist, "we don't find any wires in Assyria, and that shows that they understood wireless telegraphy!"—*Stray Stories.*

Suggesting Safe Course.
McPhibb—That fellow Huskie called me a liar!
Newitt—Yes?
"Yes, what would you do about it?"
"Well, if I were you, I'd make it a point always to tell the truth when he's around."—*Catholic Standard.*

Music for Neighbors.
"I've got to practice on the piano five hours a day," said the disconsolate small girl.
"What for?"
"Cause mother and father don't like our new neighbors."—*Washington Star.*

Care of Olfactory.
Olfactory should never be scrubbed with a stiff brush or washed with strong soap. Remove all dirt by carefully sweeping with a soft hair brush. Then wash until clean with tepid water and Ivory Soap. Rinse with clear water to which has been added a teaspoonful of kerosene. Polish with dry cloth.
—*ELEANOR R. PARKER.*

Bad Effect of Athletics.
"This man," explained the hospital doctor, "is the victim of athletics."
"Ah, overtrained, I suppose."
"No, he never trained a bit. The fellow who hit him had, though."—*Philadelphia Ledger.*

Important to Mothers.
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it is
Castoria
Beware the Signature of *Wm. D. Galt*
In Use For Over 30 Years.
The Kind You Have Always Bought.
Most of us at times feel the need of a post-graduate course in the school of experience.

Mrs. Winslow's Soothing Syrup.
For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, etc.
A tennis suit should be tried in open court.

INTERESTING LETTER

WRITTEN BY A NOTABLE WOMAN

Mrs. Sarah Kellogg of Denver, Color
Bearing of the Woman's Relief Corps
Sends Thanks to Mrs. Pinkham.

The following letter was written by Mrs. Kellogg, of 1628 Lincoln Ave., Denver, Col., to Mrs. Pinkham, Lynn, Mass.:
Dear Mrs. Pinkham:
I was troubled with a tumor, which kept growing, causing me intense agony and great mental depression. I was unable to attend to my house work, and life became a burden to me. I was in bed for days to my bed, lost my appetite, my courage and all hope.

"I could not bear to think of an operation, and in my distress I tried every remedy which I thought would be of any use to me, and reading of the value of Lydia E. Pinkham's Vegetable Compound to sick women decided to give it a trial. I felt so discouraged that I had little hope of recovery, and when I began to feel better, after the second week, thought it only meant temporary relief; but to my great surprise I found that I kept gaining, while the tumor lessened in size."
"The Compound continued to build up my general health and the tumor seemed to be absorbed, until, in seven months, the tumor was entirely gone and I a well woman. I am so thankful for my recovery that I ask you to publish my letter in newspapers, so other women may know of the wonderful curative powers of Lydia E. Pinkham's Vegetable Compound."

When women are troubled with irregular or painful periods, weakness, displacement or ulceration of the female organs, that bearing-down feeling, inflammation, backache, flatulence, general debility, indigestion or nervous prostration, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles.

No other medicine in the world has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female ills.

Mrs. Pinkham invites all sick women to write her for advice. She is daughter-in-law of Lydia E. Pinkham and for twenty-five years under her direction and since her decease has been relieving sick women free of charge. She has guided thousands to health. Address, Lynn, Mass.

Remember that it is Lydia E. Pinkham's Vegetable Compound that is curing women, and don't allow any druggist to sell you anything else in its place.

YOU CANNOT CURE

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach.
But you surely can cure these stubborn affections by local treatment with **Paxtine Toilet Antiseptic** which destroys the disease germs, checks discharges, stops pain, and heals the inflammation at its source.
Paxtine represents the most successful local treatment for feminine ills ever produced. Thousands of women testify to this fact. 50 cents at druggists.

Send for Free Trial Box
THE R. PAXTON CO., Boston, Mass.

PATENTS FOR PROFIT
most fully protected invention booklet and book calendar FREE. Digest references, communications confidential. Established 1882. Mason, Twiss & Lawrence, Washington, D. C.

PATENTS Trade Marks, Designs, Copyrights and Labels procured. NATHAN HICKMAN, 314 F St., Washington, D. C.

WINTER Wheat, 60 bushels per acre. California and winter wheat. 100 bushels per acre. Box W. L. Lawrence, W. N. U., Salt Lake City, No. 25, 1906

DEFIANCE STARCH starch to work with and makes clothes shine.

SHOT DOWN AT HIS OWN DOOR

Trouble Over Land Between Cattlemen Results in Bloodshed.

Tragedy in Jackson Hole Country, Charles Morris Being Run Down and Shot a Few Feet From His Own Doorstep.

Salt Lake City.—A telegram received in this city brings the news of a tragedy enacted in Wyoming. Thomas Sewall shot and instantly killed Charles Morris with a Winchester rifle on Wednesday. The shooting took place at Jackson's Hole and was the result of an old feud. Morris was run down and shot a few feet from his own doorstep. He was well known in this district and in Wyoming. Sewall was arrested, and, for fear of lynching, was taken by way of St. Anthony to the jail in Evanston, Wyo.

Both the men were cattlemen, and had had trouble over and reserves. Morris was driving Sewall's cattle from his place when shot down.

POBDELSKI'S VIEW.
German Minister of Agriculture Condemns Packers.

Berlin.—Crown Prince Frederick William and General Von Pobdelski, the Prussian minister of agriculture, opened the agricultural fair in a suburb of Berlin on Thursday. They both made speeches eulogizing German farming and the wisdom of the state in protecting the people's food by law.

General Pobdelski in connection with the opening gave an interview to the Lokal Anzeiger regarding the Chicago meat packing sensation, during the course of which he was quoted as saying:

"What was taking place at Chicago was well known in the United States. One can only be filled with horror by the information. I cannot express publicly what I know and can only seek to protect our population."

"Daily in Chicago 20,000 cattle are slaughtered and numerous other animals are brought to the slaughter houses already dead."

"Only three veterinarians are assigned to 10,000 hogs daily. What can they see? With us, one veterinarian or inspector does not investigate more than twenty animals."
"Not long ago, a large steamer arrived at Emden, loaded with meat, all of which had to be thrown overboard. Many of the animals were sick or dead before they were slaughtered."
"Efforts have also been made in Denmark to send bad meat into Germany and similar meat has been brought here from Russia. It is established that a ship load of animals brought from Russia to Stettin were suffering from Siberian plague. A great number of the veterinarians instructed with inspecting animals in Russia are incompetent."

NINE KILLED, FORTY HURT.
Explosion Works Havo With a British Steamer.

Liverpool.—Nine men were killed and about forty were wounded, the result of a terrific explosion Thursday on the British steamer Haverford, of the International Navigation company. The vessel, which is commanded by Captain Nielson, arrived here on Wednesday, having left Philadelphia June 2, landed her passengers and proceeded to Huxford dock early on Thursday in order to unload. The stevedores were in the act of loosening the steamer's hatches, when suddenly a most violent explosion occurred. It blew off the hatches, rent the docks and hurled dead and wounded men in all directions. Several bodies were dismembered and the deck resembled the floor of a charnel house.

IT'S UP TO THE COMPANIES.
Must Pay Losses in San Francisco or be Ruined.

San Francisco.—The officials of California are agreed. It is said, that the insurance companies which refuse to meet their obligations and pay their losses in full will not only be driven from the state but will be prohibited of their world if the widest publication of their methods can accomplish that end. Insurance Commissioner E. Marion Wolf is backed by Attorney General Webb.

Murdered in His Bed.
Los Angeles, Cal.—Joseph Schetz, a laundryman, was shot and instantly killed at his home here by two burglars, who awakened him and his wife in their bed room. The murderers escaped and there is no clue to their identity save that Mrs. Schetz declares them to be Americans of heavy build. On being awakened, Schetz spoke to the intruders and was immediately fired upon. One shot pierced his right eye and another entered his heart.

Jumped From Moving Train.
San Bernardino, Cal.—Aaron Kolbe, a young man from Butts Mill, O., was probably fatally injured by leaping from the bill baggage of a Salt Lake overland train near Cottonwood, on the desert. He and Harry Swonger of Cotton were heading their way to Salt Lake. Seeing a switchlight, Kolbe, supposing the train was in the Barstow yards, and to avoid chances of arrest, leaped. He was lying off the track when found by a freight crew.

"Be Pleasant Every Morning Until Ten O'clock; the Rest of the Day Will Take Care of Itself."

This is one of the best little sermons we know. Have you ever stopped to think that the morning is the time when your temper is usually ruffled, and have you ever stopped to think that the cause of bad temper in the morning is nearly always because your stomach has not been working properly during the night? It has contained a lot of indigestible substances that form gas and makes you feel as if you were breaking up your rest and you wake up in the morning tired, instead of refreshed, as nature intended you should.

Our grand sires required no admonition to "be pleasant every morning until ten o'clock; the rest of the day will take care of itself," for they digested their food and woke up full of life and energy ready for the day's duties, and this was because they lived on simple foods instead of highly seasoned palatable concoctions, which contain no nourishment. Nature gave us milk, wheat, fruit, and on these foods a person can live indefinitely, but if the milk is skimmed, and if the outside of the wheat is taken off the kernel, and if the berries, if these are all removed, you have simply starch alone, which goes into the stomach and becomes sugar.

Do you know that a person would starve to death on plain white bread and water? Do you know that he could live indefinitely on whole wheat bread or on whole wheat food and water? These interesting facts are all set forth in a book called "Back to Nature," which tells about proper living and gives recipes for meals of the simple kind—the kind that makes you strong and well; the kind that makes you "pleasant every morning until ten o'clock." This book is published at a great expense, but it is given free to every reader of this paper. It is an advertisement of "EGG-O-SEE," the great food—which is made from whole wheat, which is baked and pressed, and is all ready to serve from the package you buy at your grocers. You get more life and energy from a 10-cent package of EGG-O-SEE than you will get from a thousand dollars' worth of white bread. This is no idle claim. It is a scientific fact. We want to tell about this simple food question, so we write you and say "Please send me a copy of your book 'Back to Nature,' and the book will be sent you at once without charge. Address EGG-O-SEE CO., No. 10 First Street, Quincy, Ill.

TICKLESOME TRIFLES.

"Mamma, what is a grass widow?"
"A grass widow, dear—is a lady whose husband plays golf."

"Johnson says he has four bath-rooms in his new house." "Made a plumber's paradise of it, eh?"

"The doctors have finally agreed upon the cause of Jenkins' illness." "They've held another consultation, eh?" "No; a post-mortem."

"Ah, dearest," sighed young Brokeleigh, "I cannot live without you." "Why not?" queried the girl with the obese bank balance. "Did you lose your job?"

Knicker—I see the new San Francisco buildings will dispense with all ornamental features.

Booker—Then there will be no janitors?—N. Y. Sun.

Stella—Say, let's cut slang out of down whenever I spring a line of bum English and I'll do the same for you.

Cleveland Leader.

"I overheard Jones last night saying that his wife was beautiful." "He must be as blind as a bat."

"But he was saying it to her." "He's a diplomat."—Houston Post.

"Then you have no sympathy for the deserving poor?" asked the person working for charity. "Met" replied the rich and great man. "Why, sir, I have nothing but sympathy for them."

"Better come to the hospital tomorrow. I'm going to perform a very important operation on old Skads."

"What for?"
"Five thousand dollars."—Houston Post.

Too Much So.
"Why do you call that ferocious bulldog of your 'ey'?"

"Because when he once attaches himself to a person he clings to one so."—Baltimore American.

Hard to Shut Up.
"Putting a parrot in a strong cage," remarked the Observer of Events and Things, "doesn't shut the bird up altogether."—Yonkers Statesman.

The more experience men and women have in rearing children, the slower they are to give advice about rearing children.

KNOWS NOW

Doctor Was Fooled by His Own Case for a Time.

It's easy to understand how ordinary people get fooled by coffee when doctors themselves sometimes forget the facts.

A physician speaks of his own experience:
"I had used coffee for years and really did not exactly believe it was injuring me although I had palpitation of the heart every day."
"Finally one day a severe and almost fatal attack of heart trouble frightened me and I gave up both tea and coffee, using Postum instead and since that time I have had absolutely no heart palpitation except on one or two occasions when I tried a small quantity of coffee which caused severe irritation and proved to me I must let it alone."
"When we began using Postum it seemed weak—that was because we did not make it according to directions—but now we put a little bit of better in the pot when boiling and allow the Postum to boil full 15 minutes which gives it the proper rich flavor and the deep brown color."
"I have advised a great many of my friends and patients to leave off coffee and drink Postum, in fact I daily give this advice." Name given by Postum Co., Battle Creek, Mich.
Many thousands of physicians leave Postum in place of tea and coffee in their own homes and prescribe it to patients.
"There's a reason." "The Road to Wellville," can be found in pkgs.

CHILD'S AWFUL SKIN HUMOR

Screamed with Pain—Suffering Nearly Broke Parent's Heart—Speedily Cured by Cuticura.

"I wish to inform you that the Cuticura Remedies have put a stop to twelve years of misery I passed with my son. As an infant I noticed on his body a red spot, and treated same with different remedies for about five years, but when the spot began to get larger I put him under the care of doctors. Under their treatment the disease spread to four different parts of his body. The longer the doctors treated him the worse it grew. During the day it would get rough and form like scales. At night it would be cracked, inflamed and badly swollen, with terrible burning and itching. When I think of his suffering it nearly breaks my heart. His screams could be heard down stairs. The suffering of my son made me full of misery. I had no ambition to work, to eat, nor could I sleep. One doctor told me that my son's eczema was incurable, and gave it up for a bad job. One evening I saw an article in the paper about the wonderful Cuticura and decided to give it a trial. I tell you that Cuticura Ointment is worth its weight in gold; and when I had used the first box of Ointment there was a great improvement, and by the time I had used the second set of Cuticura Soap, Ointment and Resolvent, my child was cured. He is now twelve years old, and his skin is as fine and smooth as silk. Michael Steinman, 7 Summer Avenue, Brooklyn, N. Y., April 18, 1905."

NOTES FROM ABROAD.

It is considered probable that the British parliament will increase the tax on motor cars this year. It will be levied in the purchase price.

An improvement in the latest London "tube" is stations painted distinctive colors, so that passengers may recognize them without hearing their names called. Not much of a change, suggests an English paper—merely the substitution of a hue for a cry.

England was represented in Switzerland last year by 53 commercial travelers; Germany, which enjoys the lion's share of the Swiss import trade, employs an army of nearly 5,000 "drummers," and is followed by France, with 1,336, of these enterprising agents, who annually sell there \$10,000,000 worth of French merchandise.

Few lawyers in Great Britain make over \$50,000 a year, but Mr. Moulton, who has just succeeded Lord Justice Mathew, is believed to have given up a practice worth at least twice that much. He is regarded as one of the most widely read men of the time. In classics, languages, mathematics and several sciences he is an expert. His mastery of electrical science made him a tremendous power in patent cases.

Restaurant keepers of Berlin are in the midst of a war with their guests as to whether "broedchen" shall be served with meals or be charged for in the bill. From these immortal Berliners have eaten as many rolls as their desired, but the restaurateurs determined to put the bread into the reckoning. They hung up notices to that effect in their dining rooms, but their guests tore down the placards and refused to pay for their "broedchen."

\$100 Reward, \$100.
The readers of this paper will be pleased to learn that there is a reward of \$100 for the discovery of a cure for the disease known as Catarrh of the Bladder, which is a constitutional disease, requires a constitutional cure, and is a disease that is not cured by any of the ordinary remedies. Send for full particulars. Address: CHERRY & CO., Toledo, O. Sold by all Druggists. Take Daily's Family Pills for constipation.

Different Kinds.
"A man in politics should have lots of friends, shouldn't he?"

"It depends," answered Senator Sorghum, "on whether they are friends who want to do something for you or who want you to do something for them."—Washington Star.

Still Spiteful.
Her—Yes, she married him to spite another girl.

Him—But why did she divorce him? "So he could marry the other girl, and thus spite her some more."—Chicago Daily News.

It is sometimes easier to set a good example than to follow one.

TONIC TREATMENT

Weak Stomach and Sick Headache Cured Dr. Williams' Pink Pills.

The symptoms of stomach trouble vary. Some victims have a ravenous appetite, others loathe the sight of food. Often there is a feeling of weight on the chest, a full feeling in the throat. Sometimes the gas presses on the heart and leads the sufferer to think he has heart disease. Sick headache is a frequent and distressing symptom.
A weak stomach needs a digestive tonic and that there is no better tonic for this purpose than Dr. Williams' Pink Pills is shown by the statement of Mr. A. C. Merrill, a mining man, of Oneida, Calif., a veteran of Battalion C, Third U. S. Regular Infantry.
"I had never been well since I left the army," he says, "always having had trouble with my stomach, which was weak. I was run down and debilitated. Could keep nothing on my stomach, and times had my head so bad that I did not care whether I lived or died. My stomach refused to retain even liquid food and I almost despaired of getting well as I had tried so many kinds of medicine without relief. Then I was bitten by a rattlesnake and that laid me up from work entirely for a year, six months of which I spent in bed."
"One day a friend recommended Dr. Williams' Pink Pills to me and I began taking them. They cured me when all other medicine had failed. I have recommended the pills to a great many, for during my recovery every one who so had me what was helping me so and I told them Dr. Williams' Pink Pills. I cannot speak too highly of them."

If you want good health you must have good blood. Dr. Williams' Pink Pills actually make new blood and restore shattered nerves. They are sold by all druggists or sent, postpaid, on receipt of price, 50c per box, six boxes for \$2.50, by Dr. Williams' Medicine Co., Schenectady, N. Y.

SLAUGHTER OF JEWS IN RUSSIA CONTINUES

Thirty Dead and Many Injured as Result of a Religious Outbreak in Bialystok.

St. Petersburg.—Disorders appear again to have broken out at Bialystok on Friday with even greater fury than characterized Thursday's riots.

No dispatches have been received direct from Bialystok, where the telegraph offices is closed, but semi-official messages from Grodno and Minsk report that the excesses were started again by the throwing of several bombs. Thirty people are known to have been killed, while many were injured. The crowds, according to these dispatches, then opened fire on the police station to which the troops replied, and there was a constant interchange of shots between Jews in their houses and soldiers in the streets. A mob of peasants armed with clubs, scythes, etc., who had found their way into the city Thursday, was participating in the rioting.

A dispatch from Minsk states that the authorities had been fully warned of the possibility of trouble Thursday and had recalled a battalion of infantry and several squadrons of cavalry from their summer camp to strengthen the garrison, but without overawing the originators of the fighting.

BRITISH TALK ABOUT MEAT.
Packing House Exposures Being Discussed in England.

London.—A fresh lot of questions relating to the Chicago meat packing disclosures are being prepared for presentation in the house of commons. Michael Hicks-Beach, son of the former chancellor of the exchequer, will ask War Secretary Haldane to inform the house of the quantity of Chicago canned meat supplied to the troops in South Africa during the late war and what proportion of enteric deaths ought more probably to have been described as due to "ptomaine poisoning."

Another question is based on the discovery in the dining room of the house of commons of a box marked "Armour's (St. Louis, Chicago and Kansas City)—chickens."

Frederick E. Smith, unionist, will inquire what portion of the food supplied to the members of the house comes from Chicago.
There was an incidental mention of canned meats in the course of Friday's inquiry into the South African stores' scandals. Evidence was given to the effect that army officers sold 20,000 cases of canned meats, including the Armour brand, Helmut brand and Mitchell's brand to a contractor for two cents a pound. The contractor complained that the meats were bad and returned the cases. The officers who sold the canned meats testified that he subsequently ordered the "filth to be dumped into the sea" and much of it afterwards floated ashore and was picked up by Kaffirs, who ate it, with the result that a number of ptomaine poisoning.

TEDDY READS RIOT ACT.
Says Congress Would Minimize Chance of Rooting Out Evils in Packing Industry.

Washington.—Chairman Wadsworth of the house committee on agriculture has made public the correspondence between President Roosevelt and himself regarding the meat inspection bill prepared by the committee.

The president in his letter says that almost every change in the house amendment was for the worse and in his judgment "so framed as to minimize the chance of rooting out the evils in the packing business." In his reply Mr. Wadsworth declares the president is "very, very wrong" in his estimate of the committee's bill, calls attention to provisions in the bill and concludes with an expression of regret that the president should feel justified in impugning the competency of a committee of the house of representatives.

Kentuckians Honor Daniel Boone.

Louisville, Ky.—Friday was Daniel Boone day of the "Home Coming" jubilee. The floral parade took place early in the day. The glorification of Daniel Boone came later in Cherokee park. About a dozen lineal descendants of the great pioneer were present. The statue of Boone, modeled by Miss Enad Vandell of Louisville and presented to the city of Louisville by C. C. Bicknell, was unveiled. Breckinridge Castleman of Louisville made the presentation address of Mr. Bicknell and the acceptance was made by Col. Durrett.

Sea Level Proposition Killed.

Washington.—The house on Friday, by a vote of 110 to 36, voted in favor of a lock canal across the Isthmus of Panama. The introduction by Representative Littauer Friday of the amendment to the item in the sundry civil bill appropriating twenty-five million dollars to continue the construction of the Panama canal, providing that no part of that sum shall be used in the construction of a sea level canal, was done with the approval of the president.

Editors in Indiana.

Indianapolis.—The convention of the National Editorial association closed Friday with a reception to the visitors at the home of Vice President and Mrs. Charles W. Fairbanks. The convention elected the following officers: President, P. B. Harner, Lexington, N. C.; second vice president, Will H. Mayes, Brownwood, Texas; third vice president, Avery C. Moore, Weiser, Idaho; corresponding secretary, William A. Ashbrook, Johnstown, Ohio; treasurer, William A. Steele, Seattle.

DOES YOUR BACK ACHE?

Cure the Kidneys and the Pain Will Never Return.
Only one way to cure an aching back. Cure the cause, the kidneys. Thousands tell of cures made by Doan's Kidney Pills. John C. Coleman, a prominent merchant of Swainsboro, Ga., says: "For several years my kidneys were affected, and my back ached day and night. I was languid, nervous and lame in the morning. Doan's Kidney Pills helped me right away, and the great relief that followed has been permanent." Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

GOTHAM GRIST.

In New York city there is one policeman to each 459 persons.
New York's cemeteries, with their 3,185 acres of land, are sufficient for the burial of the city's dead, at the present death rate, for 150 years.
Since Peter Minuit, in 1624, bought Manhattan island from the Indians for \$24 in merchandise, there has been a daily average of 39 persons arriving in the territory now known as New York city.

If the sewers of New York city were placed end to end in a straight line they would reach from here to Pike's Peak, 1,710 miles, and the paved streets of the city would make a road along one side of them all the way.

If the wind that blew over New York city in one week recently should continue its way, at its average velocity, it would make the circuit of the earth and be back there the last week in August, for it moved at the rate of nine miles an hour.

Physical Impossibility.
The House Cat—You're getting fat and apoplectic. I can see your finish.
The Pug Dog (making an effort to turn his head, but giving up)—That's more than I can do, anyhow.—Chicago Tribune.

ORACULAR OBSERVATIONS.

Many a good resolution quickly runs down at the heel.
A pretty girl can teach a man more anything but good common sense.
It pays to look a mule in the face when you have anything to say to him.
About half of the things bought on credit would not be bought if cash were demanded.
Have you noticed that the bottom of a cup of joy that runs over is seldom far from the top?
It's a good deal better to think poetry than to write it, and better to write it than to print it.

Innovation in Oregon.
Some placebos recently from the east have been putting up fly screen doors to their houses. The next thing we know we will be having flies on the bay.—North Bend Harbor.

Best He Could Say.
"What do you think of these peck-a-boe shirtwaists the girls are wearing?"
"Well, they're almost clothes."—Louisville Courier-Journal.

"As near as I kin make de difference out," said Uncle Eben, "it's dis way. De speculations dat wins is investments; an' dem dat loses is gamblin'."—Washington Star.

To see a mill and say you saw it, seek to see a saw mill.



Make your boy's food tasty—Mother—for it has to do some big things. It has to make flesh, blood, bone and muscle and supply boundless Energy. Remember, the boy of today is the man of tomorrow. Don't injure him physically and mentally with indigestible meats, pastries, rich puddings, etc., the act as a drain on his nervous energy. But feed him plenty of

EGG-O-SEE
all there is in wheat—and he'll be your heart's joy—strong, healthy, bright, smart and quick at his studies. You won't have to coax him to eat it either, Mother, for its delicious rich flavor wins when eaten with cream and sugar is just what he craves most for.
Egg-O-See keeps the blood cool and is the ideal summer food.
Give him some tomorrow—there won't be no leavin's.
Prepared under conditions of scrupulous cleanliness.
Every grocer in the country sells EGG-O-SEE—the white wheat cereal. If your grocer has not received his supply, mail us 10 cents and his name (15 cents worth of Rocky Mountain) and we will send you a package of EGG-O-SEE and a copy of the book, "Back to Nature."

FREE "back to nature" book
Our 32-page book, "Back to Nature," outlines a plan of right living, including means for 7 days and recipes for preparing the necessary dishes, based on a whole wheat diet, with suggestions for bathing, eating and exercise, illustrated from life, exceedingly simple and attractive. By following the precepts, abundant and vigorous health is sure result.
Published to sell at 25 cents a copy, this handsomely illustrated book will be mailed FREE to anyone who writes, as long as this edition lasts. Address
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No. 10 First Street Quincy, Illinois

EVERYTHING FOR EVERY SPORT IN EVERY SEASON
BROWNING'S PATENT
THE OLD RELIABLE
LARGEST SPORTING GOODS HOUSE IN THE UNITED STATES
BROWNING BROS. Co., Ogden, Utah

BALLARD'S SNOW LINIMENT
Is a Quick and Permanent Cure for
Rheumatism, Cuts, Sprains, Wounds, Neuralgia, Headache, Old Sores, Corns, Bunions, Galls, Bruises, Contracted Muscles, Lame Back, Stiff Joints, Frost Bite, Chilblains, Ringbone, Polleil, Burns, Scalds, and ALL THE ILLS THAT FLESH IS HEIR TO.
Three Sizes, 25c, 50c and \$1. Sold by all Druggists.

ALLEN'S FOOT-EASE
A Certain Cure for Tired, Hot, Aching Feet. Allen's Foot-Ease. DO NOT ACCEPT A SUBSTITUTE.